

## **Notice of Right to a “Good Faith Estimate”**

**This notice describes your right to receive a “Good Faith Estimate” (GFE) explaining how much your health care will cost. Please review it carefully.**

Under the law, health care providers need to give patients who don’t have insurance or who are not using insurance (i.e., self-pay) an estimate of the bill for health care items and services before they are provided.

- You have the right to receive a Good Faith Estimate (GFE) for the total expected cost of health care items or services upon request or when scheduling such items or services. In my office, this includes psychological services including (but not limited to) psychotherapy services, psychological assessment/evaluation, and psychodiagnostic services.
- Make sure my office gives you a GFE in writing at least 1 business day before your health care service appointment. You can also ask for a GFE in writing BEFORE you schedule an item or health care service appointment.
- If you receive a bill from my office that is at least \$400 more than your GFE, you can dispute the bill.
- Make sure to save a copy or a picture of your GFE and the bill.

For questions or more information about your right to a Good Faith Estimate, visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or email [FederalPPDRQuestions@cms.hhs.gov](mailto:FederalPPDRQuestions@cms.hhs.gov); or call 1-800-985-3059.

An electronic copy of this notice is available on my website and you may request a paper copy.