

Jonathan Farrell-Higgins, Ph.D.

PATIENT INFORMATION (ADULT)

Last name: _____

Today's date: _____

First name: _____

Middle name: _____

Primary insurance: _____

Preferred name: _____

Policy number: _____

Street Address: _____

Group number: _____

Policy holder: _____

City: _____

Policy holder's DOB: _____

State: _____ Zip Code: _____

Policy holder's phone: _____

Cell phone: _____

Co-pay: _____

Work phone: _____

Secondary insurance: _____

Home phone: _____

Policy number: _____

Social Security no.: _____

Group number: _____

Birth Date: _____

Policy holder: _____

Sex assigned at birth: _____

Policy holder's DOB: _____

Gender identity: _____

Policy holder's phone: _____

Preferred pronouns: _____

Co-pay: _____

Race: _____

Ethnicity: _____

ICD code (to be filled by therapist):

Language (primary): _____

Home email: _____

May we contact you through email? _____

All appointments will be billed unless cancelled no less than 24 hours prior or excused by the therapist.

I grant permission to release information requested by my insurance carrier for the purpose of reimbursement. I also authorize insurance payment to be paid directly to my therapist.

Signature of patient or legal guardian

Date

Personal and Family History

If you are comfortable doing so, please respond to these questions so that I can better serve you:

Relationship Status: _____ Single _____ Married _____ Coupled _____ Divorced
_____ Widowed/Widower

Authorized Emergency Contact:

Name: _____ Relationship: _____

Phone Number: _____

Current living arrangement (e.g., alone, family, extended family): _____

Religion/Spiritual Tradition: _____

Employment Status: _____ Type of Employment: _____

Highest Level of Education: _____

Active Service Member or Veteran: _____ Yes (Branch: _____; Years Served: _____) _____ No

Primary Care Physician: _____ Date of last visit: _____

Current psychiatric medications (or bring current medication list to your first appointment):

List approximate dates of any previous psychological treatment: _____

Please briefly state the focus of any previous psychological treatment: _____

Are you having suicidal thoughts or made a recent suicide attempt: _____ Yes _____ No

If yes, please describe: _____

Are you engaged in self-harming behaviors: _____ Yes _____ No

If yes, please describe: _____

Are you in or considering a legal matter (e.g., custody issues, disability case, divorce):

_____ Yes (Describe: _____) _____ No

Underline any of the following symptoms that apply to you now:

headache; dizziness; palpitations; stomach trouble; poor appetite; bowel disturbance;
chronic fatigue; insomnia; nightmares; alcoholism; chronic tension; panic; specific fears;
tremors; depression; "burned-out"; suicidal ideas; drug abuse; unable to relax; sexual
problems; unable to have a good time; difficulty relating to others; can't keep a job;
inferiority feelings; financial problems; workaholic; job dissatisfaction; high anxiety;
child-rearing concerns; unusual visual or auditory experiences; confusion; absence of
feelings; loss of control; afraid of "going crazy"; anger control problems; recent losses.

Please briefly state your primary reason(s) for seeing Dr. Farrell-Higgins:

What are your goals for therapy (if different from reasons above):

Were you referred to see me? _____ Yes. If yes, by whom: _____

If not referred, how did you locate me? _____